



LIFE ORIENTATIONS INTRODUCTION: Discover Your Strengths, Personal Styles, and Impact

A Window into Making You and Your Team More Effective.

HOW DOES YOUR BEHAVIOR AND COMMUNICATION APPROACH AFFECT you, your team, drive your success, and/or hinder your performance? Are you aware of your behavior styles and preferences? Your actions influence your world and your teams. By understanding your behavioral preferences, you can use your strengths, adapt your excesses, and become aware of your blind spots to improve your impact, productivity, and team function.

WORKSHOP DETAILS

Conversation is the basis for everything we do: relationships, culture, and productive work. This workshop is for anyone who wants an experiential understanding of his/her behavioral communication style. You will receive an introduction to Life Orientations (LIFO) through exploring your behavioral styles, and apply that understanding in concrete ways to understand how to improve your personal and team communication.

LIFO® is a simple and elegant assessment tool that will illuminate for you your stylistic preferences. We have a strength-based, experiential approach that will lay a foundation and then build through participation, discussion, and concrete tools you will take away. This workshop is application oriented; you will be engaged in a variety of exercises (individual, small group, and large group), giving you an opportunity to learn and apply right away.

Workshop participants will gain:

- Knowledge of your style's strengths, excesses, and blind spots
- Awareness of how your style is seen and impacts others
- Strategies to moderate your excesses and reduce your blind spots to heighten your interpersonal communication skills
- Strategies for how to interact with other styles to bridge communication gaps
- Understanding of the value and techniques for reframing, and the positive effect on perspective
- Basic understanding and practice of commitment based management principles and techniques in communication

TO START YOUR DISCOVERY

Register at www.achievecg.com/events »

Registration closes 48 hours before each workshop.

JOIN US

October 19, 2015
Jewish Community Center
of San Francisco
3200 California Street
San Francisco, CA

October 20, 2015
Silicon Valley location TBD

9:00 AM – 5:00 PM
8:30 am gather and coffee

Registration includes

- Two Facilitators
- LIFO Behavior Assessment and customized report
- Introduction to Life Orientation Workbook
- Additional handouts
- Coffee, tea and drinks served all day with snacks

Cost

\$599 | one seat

\$549 | each for two seats

\$499 | each for three or more seats



Achieve Consulting Group is licensed to provide all US LIFO® Training Modules, Materials and Solutions in affiliation with The Schutz Company US LIFO Agency.

ABOUT ACHIEVE CONSULTING GROUP

WE MAKE A PROMISE: Consulting, coaching, and experiential workshops that create a shift, moving beyond the conceptual to application. We are passionate about people, and have an unwavering belief that each of us has something unique to offer the world. We are committed to working in partnership with our clients, with the goal of working ourselves out of a job. When we've done our job well, you don't need us any more.

WHO WE ARE

We are a collaborative group with varied backgrounds, brought together by a shared interest in working with people to amplify their success.

We have experience working in an array of industries and organizations: for profit, non-profit, state and local government, faith-based, insurance, financial services, telecommunications, higher education, and the arts. We collaborate and we really enjoy working together! We are not afraid to address difficult issues or questions. Our varied backgrounds give us broad experience and also a deep focus on making individuals, teams, and organizations more effective. We bring a sense of curiosity and enthusiasm to our clients, and lead by example, looking for opportunity to build on strengths.



MARY VARGAS

Mary has an unwavering belief that by building on strengths teams/ leaders/ organizations can deal with tough situations and decisions, imagine and create vibrant futures and be stronger for the process. Mary has worked with organizations in finance, telecommunications, government, faith-based organizations, legal, and non-profits. Mary helps clients' paint the big picture of a project by defining business needs, and then steps into the picture to bring the details to life.

mlvargas@achievecg.com »



KATHRYN SNYDER

Katie is passionate about building highly effective teams and helping individuals become purposeful, high-functioning leaders.

She has worked extensively with boards, executive leadership, and staff to develop strategic plans, assess programs and to implement initiatives. Katie has collaborated with numerous nonprofits, foundations and companies to create greater social impact. She has a knack for creative thinking on a large scale.

ksnyder@achievecg.com »

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